WORKBOOK · BOOK 7 OF 10

我的身体

My Body · Practice Book



10 words · 24 pages of practice

Trace · Match · Circle · Write

codinggroup.ai

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How to use this workbook

家长使用说明

This workbook follows Book 7 of the series. It only uses the words your child has already met in the reading book — nothing new is introduced here.

One page a day is enough. Ten minutes, not more.

① **Tracing** — the first character is solid, the rest are faint. Trace over them.
② **Matching** — draw a line from the picture to the word.
③ **Circling** — circle every character your child has learned.
④ **Writing** — look at the picture, say the sentence, then write it.

Do not correct tones at this stage. Recognition first, writing second.

Answers are on the last two pages.

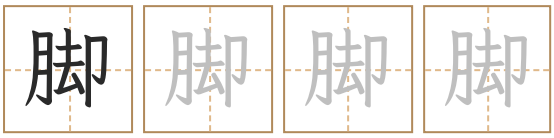
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Trace it

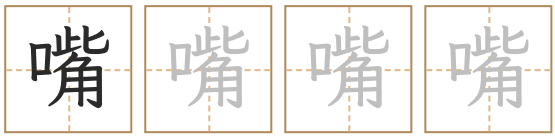
描红 · 单字

Look at the dark character, then trace the faint ones. Say it aloud each time.

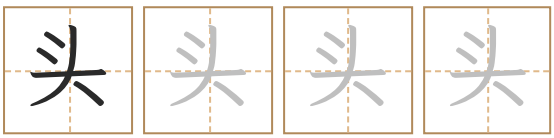
脚 jiǎo foot



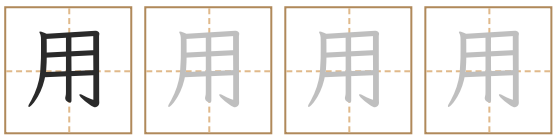
嘴 zuǐ mouth



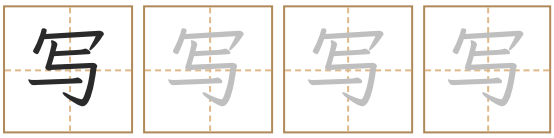
头 tóu head



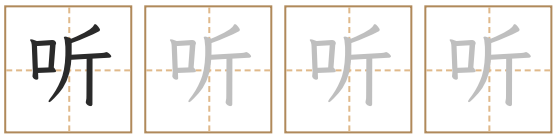
用 yòng to use



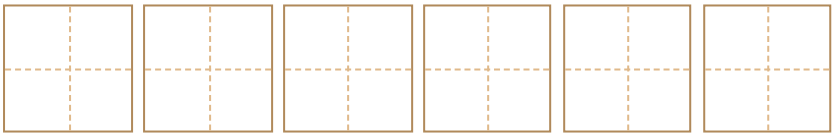
写 xiě to write

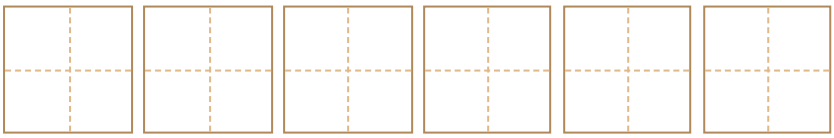


听 tīng to listen



Now write them yourself — no help.





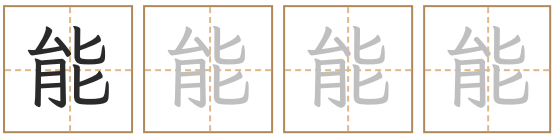
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Trace it

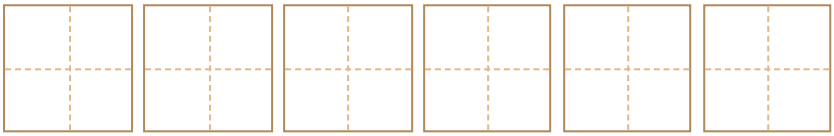
描红 · 单字

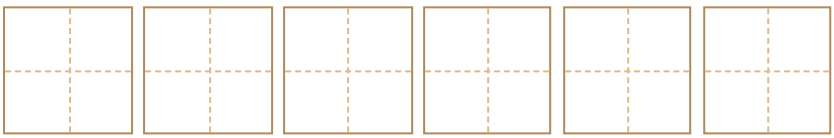
Look at the dark character, then trace the faint ones. Say it aloud each time.

能 néng can



Now write them yourself — no help.





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Trace the words

描红 · 双字词

Two characters, one word. Trace them together.

眼睛 yǎn jing eyes

眼 睛 眼 睛 眼 睛 眼 睛

耳朵 ěr duo ears

耳 朵 耳 朵 耳 朵 耳 朵

鼻子 bí zi nose

鼻 子 鼻 子 鼻 子 鼻 子

Now write them yourself — no help.

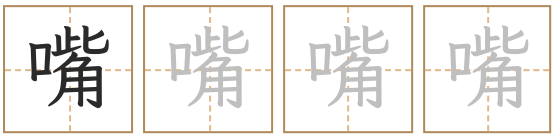
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Trace it

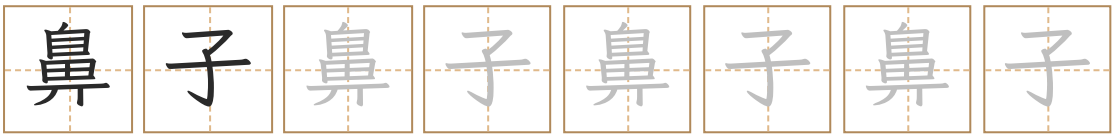
描红 · TRACING

Say the word aloud as you trace.

嘴 zuǐ mouth



鼻子 bí zi nose



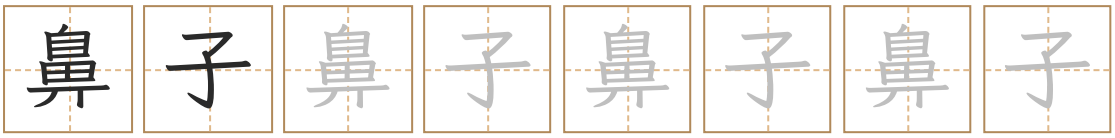
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Trace it

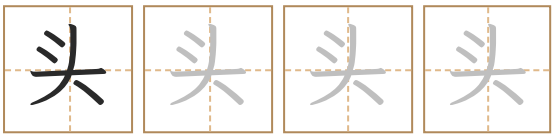
描红 · TRACING

Say the word aloud as you trace.

鼻子 bí zi nose



头 tóu head



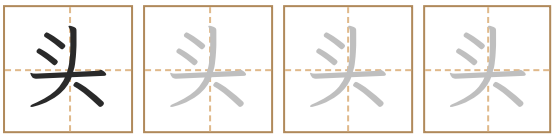
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Trace it

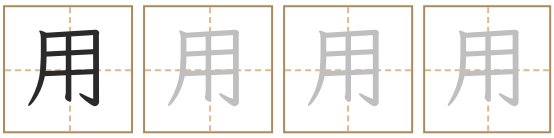
描红 · TRACING

Say the word aloud as you trace.

头 tóu head



用 yòng to use



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Circle it

圈字 · CIRCLE WHAT YOU KNOW

Circle the characters you learned in Book 7. Leave the others.

脚

眼睛

耳朵

嘴

鼻子

大

多

小

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Circle it

圈字 · CIRCLE WHAT YOU KNOW

Circle the characters you learned in Book 7. Leave the others.

鼻子	头	用	写
听	大	多	小

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Circle it

圈字 · CIRCLE WHAT YOU KNOW

Circle the characters you learned in Book 7. Leave the others.

听

能

大

多

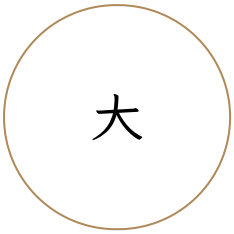
小

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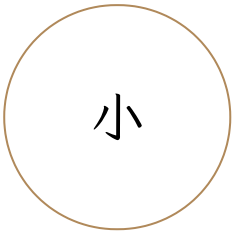
Circle it

圈字 · CIRCLE WHAT YOU KNOW

Circle the characters you learned in Book 7. Leave the others.







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Write it

看图写词 · LOOK AND WRITE

Look at the picture. Say the sentence. Then write it.



zhè shì ěr duo.

~~These are ears.~~

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Write it

看图写词 · LOOK AND WRITE

Look at the picture. Say the sentence. Then write it.



zhè shì bí zi.

~~This is a nose.~~

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Write it

看图写词 · LOOK AND WRITE

Look at the picture. Say the sentence. Then write it.



wǒ yòng shǒu xiě.

I write with my hand.

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Write it

看图写词 · LOOK AND WRITE

Look at the picture. Say the sentence. Then write it.



wǒ yòng ěr duo tīng.

I listen with my ears.

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Review 1

复习 · 看图选句

Read the three sentences under each picture. Circle the one that describes it.



A. 这是头。

B. 这是脚。

C. 我用鼻子。



A. 我有两只脚。

B. 这是耳朵。

C. 我用手写。



A. 我有两只眼睛。

B. 我能写。

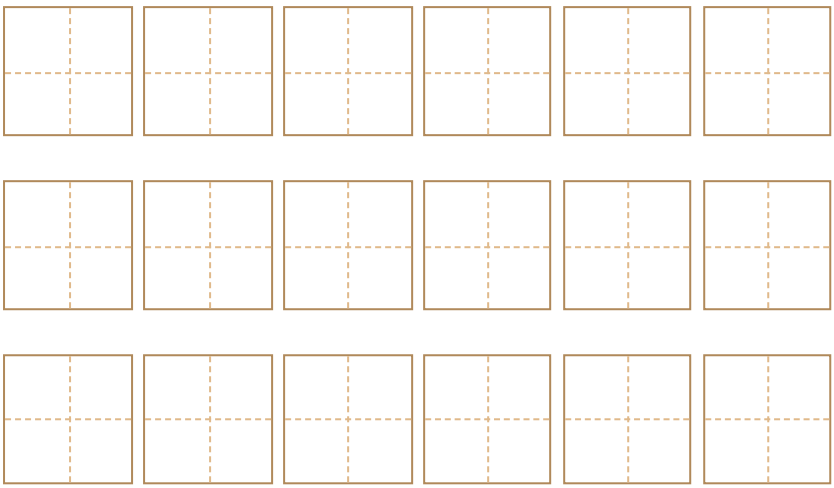
C. 这是眼睛。

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Review 2

复习 · 写字

Write the words you remember. Six boxes, six words.



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Answers

答案

Tracing — any reasonable stroke order is fine.

Circling — the first five in each row are from Book 7.

Writing — 这是耳朵。 / 这是嘴。 / 这是鼻子。

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Answers 2

答案 · 复习

p1: **脚** — foot

p2: **眼睛** — eyes

p3: **耳朵** — ears

p4: **嘴** — mouth

p5: **鼻子** — nose

p6: **头** — head

p7: **用** — to use

p8: **写** — to write

p9: **听** — to listen

p10: **能** — can

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Notes

笔记

Write anything you want to remember.

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Notes

笔记

Write anything you want to remember.

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Notes

笔记

Write anything you want to remember.

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Notes

笔记

Write anything you want to remember.

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